

## THE APOSTLES' CREED

I believe in God, the Father Almighty,  
Creator of heaven and earth,  
and in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
He descended into hell;  
on the third day  
He rose again from the dead;  
He ascended into heaven,  
and is seated at the right hand  
of God the Father Almighty;  
from there He will come to judge  
the living and the dead.  
I believe in the Holy Spirit,  
the Holy Catholic Church,  
the communion of Saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.  
Amen.



## Our Father

Our Father, Who art in Heaven,  
Hallowed be Thy Name;  
Thy kingdom come,  
Thy will be done,  
On earth as it is in Heaven  
Give us this day our daily bread,  
And forgive us our trespasses.

As we forgive those  
who trespass against  
us; and lead us not  
into temptation, but  
deliver us from evil.

Amen



## Hail Mary

Hail Mary, full of Grace,  
The Lord is with thee;  
blessed art thou among  
women, and blessed is the  
fruit of thy womb Jesus.

Holy Mary, mother  
of God pray for  
us sinners, now  
and at the hour  
of our death.

Amen



## Glory Be

to the Father,  
and to the Son,  
and to the Holy Spirit,  
as it was in the beginning,  
is now,  
and ever shall be,  
world without end.

*Amen.*



## The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day He rose from the dead.

He ascended into heaven, and is seated at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

# The Sign of The Cross



1. With your right hand, touch your forehead and pray, "In the name of The Father."



2. Touch the center of your chest and pray, "and of The Son."



3. Touch your left shoulder and pray, "and of The Holy..."



4. Touch your right shoulder and pray, "Spirit, Amen."