

# The Sign of The Cross



1. With your right hand, touch your forehead and pray, "In the name of The Father."



2. Touch the center of your chest and pray, "and of The Son,"



3. Touch your left shoulder and pray, "and of The Holy..."



4. Touch your right shoulder and pray, "Spirit, Amen."

# The Lord's Prayer



Our Father, who art in heaven,  
Hallowed be thy Name.  
Thy kingdom come.  
Thy will be done,  
On earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
As we forgive those  
who trespass against us.  
And lead us not into temptation,  
But deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever.  
Amen.



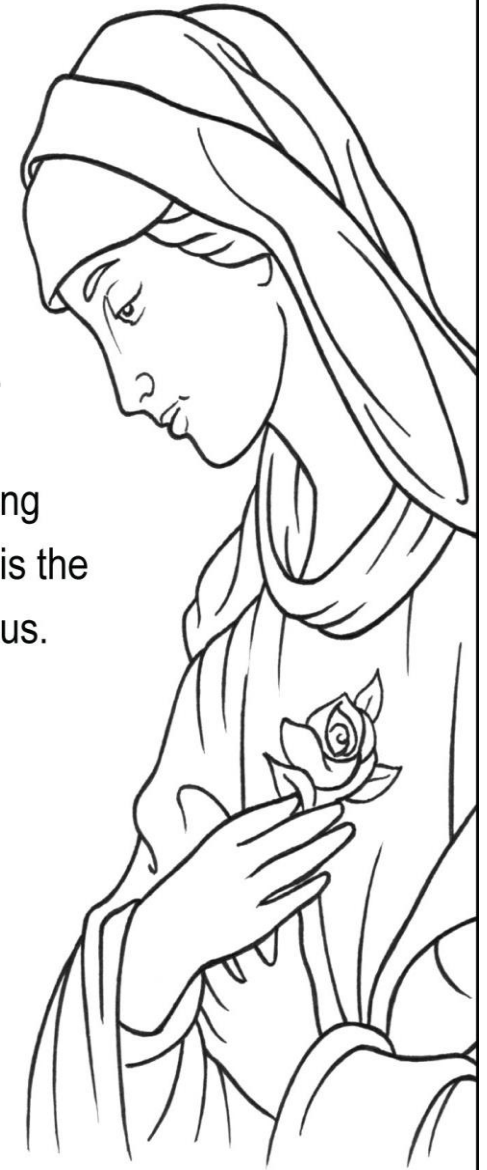
# Hail Mary,

Full of Grace,  
The Lord is with thee.

Blessed art thou among  
women, and blessed is the  
fruit of thy womb, Jesus.

Holy Mary,  
Mother of God,  
pray for us sinners  
now, and at the  
hour of our death.

Amen.



# *Glory Be*

to the Father,  
and to the Son,  
and to the Holy Spirit,  
as it was in the beginning,  
is now,  
and ever shall be,  
world without end.

*Amen.*



*Catholic*